

## April National Child Abuse Prevention Month 2018

# April is National Child Abuse Prevention Month



Strong, nurturing communities that are supportive of families can get involved and play a role in preventing child abuse and neglect and promoting child and family well-being.

**Local 24 Hour Hotline: Child Protective Services 530-842-7009**

## National Child Abuse Hotline

**1-800-4-A-CHILD (1-800-422-4453)**, a qualified crisis counselor will answer and assist you.

## ADVERSE CHILDHOOD EXPERIENCES



Adverse childhood experiences (ACEs) describe traumatic events occurring before age 18. ACEs include all types of abuse and neglect, parental mental illness, substance use, divorce, incarceration, and domestic violence.

[Learn more about ACEs](#)

### **2016 Child Maltreatment Report**

Presents national data about child abuse and neglect during the federal fiscal year 2016.

[Read the Child Maltreatment Report](#)

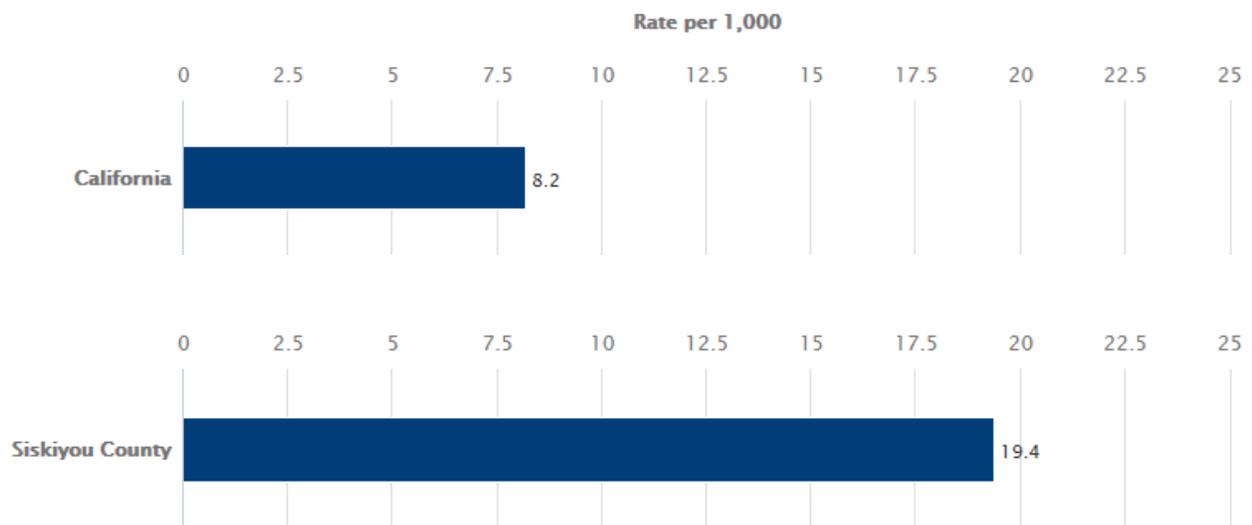
Child maltreatment can cause serious physical injuries and even death. Beyond the impact on individuals, child abuse has a significant impact on society. While abuse and neglect occur in all types of families, certain factors place children at increased risk. For example, children under age 4 and those with special needs are at greatest risk for maltreatment. Examples of family and community risk factors include substance abuse or mental illness in the family, social isolation, major stress (e.g., poverty), domestic violence, and unsafe neighborhoods.

National Center for Injury Prevention and Control. (2016). *Child maltreatment: Risk and protective factors*. Centers for Disease Control and Prevention. Retrieved from: <http://www.cdc.gov/ViolencePrevention/childmaltreatment/riskprotectivefactors.html>

**Child Abuse Prevention Tips for Parents and Caregivers:**

- ❖ Monitor your stress level. Find out where your frustrations lie and address them in some way.
- ❖ Be cautious of new people you bring into the lives of your children – for example, babysitters or significant others.
- ❖ Evaluate your use of substances such as alcohol. Understand how these substances change your decision-making ability or your personality. Do you yell? Do you hit? Does it change you in some other way?
- ❖ Closely monitor your children while they are on the Internet. Even if you have parental controls set on your computer, many sites still are accessible, and teens and pre-teens can easily access the sites’ chat rooms where they can meet people who could harm them.

## Substantiated Cases of Child Abuse and Neglect: 2015



Definition: Number of substantiated cases of abuse and neglect per 1,000 children under age 18 (e.g., in 2015, there were 8.2 substantiated cases of abuse and neglect per 1,000 California children).

Data Source: [As cited on kidsdata.org](#), Webster, D., et al. Child Welfare Services Reports for California, U.C. Berkeley Center for Social Services Research (Jun. 2016); Annie E. Casey Foundation, KIDS COUNT (Jul. 2016). [Child Abuse Prevention](#)